

GHANA HEALTH SERVICE – NSAWAM ADOAGYIRI MUNICIPAL

LIST OF NUTRITION-ORIENTED INTERVENTIONS AND LINKAGES

NO	STAGES	NUTRITON INTERVENTIONS/LINKAGES
1.	Antenatal Care/Services	Antenatal Control <ul style="list-style-type: none">• Iron and Folic acid supplementation• Deworming in pregnancy• Dietary Education/Counselling• Provision of Water, Sanitation and Hygiene (WASH) – Community Water and Sanitation Agency/Ghana Water Company
2.	Post- Natal Care	<ul style="list-style-type: none">• Early initiation of breastfeeding, Care of the breast and nutrition counselling• Dietary education / counselling• Provision of Water, Sanitation and Hygiene (WASH) – Community Water and Sanitation Agency/ Ghana Water Company
3.	Infants	<ul style="list-style-type: none">• Exclusive breastfeeding for first 6 month• Complementary feeding at 6 months• Dietary education/counselling• Provision of Water, Sanitation and Hygiene (WASH) – Community Water and Sanitation Agency/ Ghana Water Company• Infants and young child feeding counselling

4.	Early Childhood	<ul style="list-style-type: none"> ● Vitamin A supplementation every 6 months from 12 months to 59 months ● Provision of Water, Sanitation and Hygiene (WASH) – Community Water and Sanitation Agency/ Ghana Water Company ● Control of Iodine Deficiency Disorder ● School deworming exercise ● Nutrition education consumption of fortified food ● School Feeding Programme ● Food demonstration in collaboration with Department of Agriculture
5.	Adolescents/Teenagers	<ul style="list-style-type: none"> ● Gils Iron Folate Acid Supplementation (GIFTS Programme) ● Nutrition education and counselling services ● Nutrition school services
6.	Adults	<ul style="list-style-type: none"> ● Nutrition counselling and education on healthy lifestyle and non-communicable disease ● Dietary management of non-communicable diseases such as diabetes, hypertension, ulcer etc. ● Food demonstration in collaboration with Department of Agriculture ● Provision of Water, Sanitation and Hygiene (WASH) – Community Water and Sanitation Agency/ Ghana Water Company

